
THE SOCIETY FOR CLINICAL NEUROPSYCHOLOGY

Division 40 of the American Psychological Association



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Summer/Fall 2019

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A LETTER FROM THE EDITOR



Deb Hoffnung

Dear members of the Society for Clinical Neuropsychology,

It is my pleasure to bring you the Summer/Fall 2019 edition of the Division 40 Newsletter.

A recent email from a friend had me reflecting on career satisfaction, and the host of factors that contribute to burnout. In this edition's feature article, *Maslow's Hierarchy of Needs & The Neuropsychologist*, I use Abraham Maslow's 1943 model delineating human being's five basic needs and a recent article adapting this framework to medical residents (Hale et al, 2019) as a scaffold to discuss wellness and wellbeing for the neuropsychologist, and hopefully remind us all that we must 'put our own oxygen masks on first, before helping others'.

In this newsletter's pages, I also invite you to read a letter from SCN President, Michael McCrea, celebrating the volunteerism and service that fuels the field of neuropsychology; Bill Barr's column on neuropsychology's activities within APA before the Council of Representatives voted in 1979 to approve the establishment of Division 40; and updates on the recent activities, accomplishments, and opportunities reported by our committee and sub-committees chairs.

It is always my aim to bring you content that is interesting and relevant. Please contact me at deborah.hoffnung@alegent.org with your thoughts, feedback, content, and ideas!

Deborah S. Hoffnung, PhD ABPP-CN

Editor, The Society for Clinical Neuropsychology, Division 40 Newsletter

*Thank you to my friend and colleague, Lynn Schaefer, for suggesting this metaphor.

IN THIS ISSUE	
From The Editor	1
President's Corner	3
Feature Article	4
From The SCN Archives	6
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Committee & Subcommittee Updates	
Publications & Communications Committee	7
Membership Committee	8
Fellows Committee	8
Public Interest Advisory Committee	9
Ethics Subcommittee	9
Ethnic Minority Affairs Subcommittee	9
Women in Neuropsychology Subcommittee	10
Education Advisory Committee	10
ANST Subcommittee	11
Scientific Advisory Committee	12
Early Career Neuropsychologist	12
Awards Committee	14
Program Committee	15

Public Interest Advisory	
Becky Ready	2014-20*
Awards	
Doug Whiteside	2017-20
Early Career	
Cady Block	2015-21*
ANST	
Lucas Driskell	2018-21
Newsletter	
Deborah Hoffnung	2017-20
Communications Officers	
Missy Lancaster	2016-19
Susan McGlynn	2016-19
Social Media Editor	
Laura Boxley	2018-20
Webmaster	

Past Issues of the Division 40 Newsletter, Division 40 Executive Committee meeting minutes, membership information, and a link to join SCN are all available online at the Division 40 Website:

<https://www.scn40.org/>

SCN Newsletter 40 is the official publication of The Society for Clinical Neuropsychology (SCN), Division 40 of the American Psychological Association.

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PRESIDENT'S CORNER

Michael McCrea, PhD, ABPP-CN
SCN President

Volunteerism and Service: The Natural Resource that Fuels Neuropsychology

“What is the essence of life? To serve others and to do good.”

- Aristotle

Over the past two decades, I have had many opportunities for engagement with essentially all the major membership organizations in our great field, most recently by serving as your SCN President. In every instance, I have had the great pleasure of forming new friendships and working relationships with hundreds of our colleagues, ranging from the biggest names in the field to young graduate students still in training. I am continually impressed by the scope, depth, and diversity of talents possessed by so many in our field. Still, what is more amazing to me is the common interest that brings so many bright and energetic minds together. That common bond is our voluntary commitment to service for the greater good of our profession. There is no question whatsoever that our field would not be where it is now without the incredible volunteerism by countless neuropsychologist over the past 50 years.



“Service to others is the rent you pay for your room here on Earth.”

- Muhammad Ali

My experience, both inside neuropsychology and in my broader community, is that people are drawn to volunteerism and service by many different motivations. Some argue that, so long as there is an overarching commitment to the greater good, the motivation of a particular individual may not matter a whole lot when it comes to volunteerism. Within our own profession, some may be drawn to service to gain greater recognition or career advancement. On the other hand, some may serve to fulfill institutional expectations for promotion. Others may be driven by some internal motivation to serve their “community.” Clearly, no one is expecting to get rich through volunteerism. Who knows, some of us may chip in because our parents taught us that it is simply the right thing to do. Perhaps we hope to “pay it forward” in some way.

“The best way to find yourself is to lose yourself in the service of others.”

- Mahatma Gandhi

Regardless of individual motivations, the mark of service and volunteerism on our field is undeniable and lasting. In my various leadership positions, I have witnessed this countless times. I can think of numerous instances in which our specialty was confronted with major challenges that jeopardized our identity, independence, and prosperity as a specialty. At every turn, an army of volunteers stepped up to face the challenge, generate creative solutions, and seek victory for neuropsychology. Their collective motivation was not personal reward, but toward serving for the greater good of all. Volunteer leadership can be taxing and stressful, but also incredibly rewarding and fulfilling. Frequently over the years I have been so proud of and grateful for the willingness of the many who chose to dedicate their time and talent to the advancement of our great specialty.

“Life’s most persistent and urgent question is, what are you doing for others?”

- Martin Luther King, Jr.

My experience as your SCN President has solidified my faith in the indelible impact that service and volunteerism has had and will continue to have on our field. The SCN Executive Committee is made up of an incredibly skilled group of individuals who volunteer their time and effort to tackle major issues, large and small, that potentially impact clinicians,

researchers, and educators in neuropsychology. I have learned a great deal from all these individuals over the past year, and I owe them a great debt of gratitude for their service on behalf of all of us as SCN members. Challenges to our field will undoubtedly come and go, but our dedication to service for the greater good will always prevail and ensure a bright future for neuropsychology.

Thank you all for your commitment to the Society for Clinical Neuropsychology, and for all you do to make our specialty so great.

Cheers,

Michael McCrea, PhD, ABPP-CN
President, SCN

FEATURE ARTICLE

Deborah S. Hoffnung, PhD, ABPP-CN
SCN Newsletter Editor

Maslow's Hierarchy of Needs & The Neuropsychologist

A recent email from a friend had me reflecting on career satisfaction. In it, he described the challenge of changing his mindset from “build, build, build” to “chill, chill, chill,” after recognizing the impact his tenacious drive to grow professionally was having on his own mental health and his relationships with his family.

At almost 23 years from my first day in graduate school, there are certainly days when I think, “How can I continue doing this for at least another 20 years?” Sometimes I feel bored and unchallenged, other times I feel burdened by so many patients, projects, and responsibilities. There are days when I feel emotionally drained but intellectually and psychologically fulfilled, and evenings when my boyfriend has to listen to my tirades about the inefficiencies of working for a large health organization.

I ask myself, “Can I really provide the best care for my patients, build my clinical practice, grow as a professional, contribute meaningfully to the field of neuropsychology, and do this until I retire without sacrificing my sanity?” If so, where do I turn for guidance?

The 1997 Houston Conference delivered an integrated model for training as a neuropsychologist in its 1998 Policy Statement (Hannay et al, 1998).

Authors like Strauss, Sherman, and Spreen (2006) and Lezak et al. (2012) guide us through history taking, test selection and administration, interpretation of results, report writing, and the feedback session.

Grant and Adams (2009) and Heilman and Valenstein (2011) and their contributing authors catalogue the classical signs and symptoms of the most common neurobehavioral disorders associated with brain dysfunction and teach us how recognize diagnostically meaningful symptoms and patterns in testing.

But what authority can we turn to when we need guidance on how to be *fulfilled* by our work as neuropsychologists?

Being a dutiful scientist, I looked to Medline with searches combining keywords including ‘professional growth’, ‘personal growth’, ‘career satisfaction’, ‘burnout’, ‘neuropsychology’, ‘psychology’, and ‘medicine’.

In an article by Hale et al. (2019) entitled ‘Adapting Maslow's Hierarchy of Needs as a Framework for Resident Wellness’, I found inspiration. In it, the authors put forth a model for conceptualizing wellness and preventing burnout in medical school residents. Their model builds on Abraham Maslow's 1943 seminal work ‘A Theory of Human Motivation’, and its delineation of a hierarchy of the five fundamental needs of all human beings: physiologic needs, need for safety, needs related to love and belonging, need for esteem, and self-actualization, or the need for self-fulfillment.

In Maslow's (and other authors) later reworking(s) of this model, these needs became less hierarchical and more in parallel.

Based on Maslow's hierarchy of needs (but removing its hierarchical nature), Hale et al. (2019) provide an organizing model and specific strategies to prioritize resident wellness, including: access to healthy food, time for adequate sleep, flexibility in work hours to allow residents to exercise, and reliable and confidential access to mental health professionals to address *physiologic needs*; training in de-escalation strategies and security resources to safeguard against physical violence by patients and instruction in debt management to promote *personal* and *financial safety*; retreats at offsite locations to nurture companionship and collegiality, inviting spouses and significant others to social events, and discussing shared hardships and successes to foster feelings of *love and belonging*; prioritizing respect, fairness, and control over scheduling to promote *esteem*; and connecting each resident with mentors, support for academic flexibility, arranging coverage for job and fellowship interviews, and creating 'tracks' that include advanced training in a selected specialty to address *self-actualization* and *personal* and *professional growth*.

I would argue that a similar scaffold can be applied to the prevention of burnout in the neuropsychologist, not only at the level of graduate school instruction and internship and post-doc training, but throughout one's professional lifespan as a practicing neuropsychologist. Using Maslow and Hale et al.'s framework, as a mid-career neuropsychologist, I can stay fulfilled in my career with attention to my physical needs and need for financial security, activities that nurture feelings of belonging, interactions that cultivate respect and self-determination, and pursuits that I find personally and professionally worthwhile.

In particular, it is important that I eat well, get enough sleep, and exercise. I should seek counseling if my emotional health impacts my ability to care for my patients and interact congenially with my staff and my family. I will remember that I am justified in expecting fair reimbursement for my work and recognition for my contributions on the health care team. I will also make time for friends and hobbies, seek out mentorship from colleagues I admire, and pursue personal and professional activities that nurture qualities in myself that I value, like empathy, integrity, inquisitiveness, generosity, and humility.

In conclusion, I believe that the drive to build our practices, advance our field academically, refine our clinical skills, and grow as professionals does *not* have to be at odds with the pursuit of satisfaction and fulfillment, as long as we take a holistic approach that balances our human needs, personally and professionally.

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FROM THE SCN ARCHIVES

William B. Barr, Ph.D., ABPP
Division Archivist

In continued recognition of our 40th anniversary, we are following in the path of Deborah Hoffnung's *Celebrating Forty Years of Division 40* piece from the last issue of the newsletter, which provided an excellent account of the origins of the division now known as the *Society for Clinical Neuropsychology* (SCN). The aim of this column is to provide a brief summary of neuropsychology's activities within APA before the Council of Representatives voted in 1979 to approve the establishment of a division of *Clinical Neuropsychology*.



William Barr

While there has been much speculation about the exact origins of the term, “neuropsychology”, it is clear that its use began on a regular basis in the 1930's and 40's by experimental psychologists, including Karl Lashley and Donald Hebb, who were engaged in studies of the brain and behavior. Within APA there was initial disagreement about whether this line of investigation, and its major emphasis on animal studies, warranted its own division. Division 6 (originally named the *Division of Physiological and Comparative Psychology*) formed as one of APA's charter divisions in 1944 to provide a forum for these investigators, but disappeared only four years later to merge with Division 3 (*Division of Theoretical and Experimental Psychology*).

Division 6 reemerged in the 1960's through the efforts of Sidney Weinstein, a pioneer in the field of neuropsychology, who felt that Division 3 was not fulfilling the needs of psychologists performing physiological studies on human subjects. One finds several names familiar to neuropsychologists among the list of former presidents of Division 6, including Hans-Lukas Teuber, Mortimer Mishkin, Alan Mirsky, and Brenda Milner. In 1995, Division 6 adopted a new name, the *Division of Behavioral Neuroscience and Comparative Psychology*.

From the 1950's through the 70's, a majority of clinicians with interests in brain disorders, including Arthur Benton and Harold Goodglass, identified themselves as “clinical psychologists”. As described in previous columns in this newsletter and other histories of the field, the formation of professional neuropsychology organizations began with small meetings of like-minded individuals, and eventually led to the formation of the *International Neuropsychological Society* (INS) in 1967, with its initial meetings held in conjunction with the APA convention. During that time period, many of those practicing what we now classify as ‘clinical neuropsychology’ were members of Division 12 (*Clinical Psychology*) and presented symposia and workshops through that division's convention programming at yearly APA meetings.

A growing need to develop guidelines for the training and credentialing of neuropsychologists working in clinical settings led to initial development of an INS task force, which later evolved into the formation of Division 40. As recounted elsewhere, it was Louis Costa who argued most emphatically for the formation of a division within APA, independent from Division 12, to ensure that neuropsychologists would be “independent guardians” of the field's professional interests. There was some initial concern that the proposed division's use of the term “clinical” in its name, would be opposed by Division 12 leadership, but support was obtained from that division and others when the APA council voted in support of the development of a division of *Clinical Neuropsychology* in September 1979. There was no opposition from Division 6, although members of that group expressed some concern at that time about the proliferation of divisions within APA.

Over the past 40 years, Division 40 has grown tremendously from its initial membership of 433 to its January 2019 total of 4,395 members, with its status as the largest division within APA maintained since 2008. Notably, the division has continued to attract members, despite declines in APA membership and division membership overall. Our members continue to maintain ties to our division predecessors with a total of 64 maintaining co-membership in Division 6, and 314 also members of Division 12.

Division 40 voted to change its name to *The Society for Clinical Neuropsychology* (SCN) in 2013 to facilitate greater

flexibility in communications and improve recognition by the public. The Division and its members have demonstrated an ability to adapt successfully to ongoing developments in the field and in healthcare in general during its 40 years of existence, as evidenced by increasing emphasis on research integrating data from neuropsychological and brain imaging methodologies, and programs devoted to the study of aging and the HIV crisis originating in the 1980s and 90s.

The Division and its members continue to face a number of obstacles, including challenges in healthcare reimbursement, adjustment to a changing multicultural environment, and the increasing need to incorporate digital assessment technologies. We must also face the fact that 50% of our current membership are advanced in their careers (>25 years) while only 15% are in earlier stages (<15 years). We encourage our younger members to become increasingly active in SCN with the goal of overcoming these obstacles while maintaining the division's overwhelming growth and success over the next 40 years.

COMMITTEE & SUBCOMMITTEE UPDATES PUBLICATIONS & COMMUNICATIONS COMMITTEE

*David Kaufman, PhD ABPP
Chair*



David Kaufman

The Publications and Communications Committee is pleased to oversee the Society for Clinical Neuropsychology (SCN) newsletter, website, NeuroBlasts, social media, and listserv. Our webmaster, **Dr. Hillary Parker**, has been working dutifully in her management of our website, <https://www.scn40.org/>.

The website hosts a wealth of resources and receives a steady stream of traffic, with approximately 150 unique visitors every day, and 1,000 per week on average.

Dr. Melissa Lancaster and **Dr. Sue McGlynn** continue to assemble the monthly NeuroBlasts, which are sent out over the listserv. **Dr. Deborah Hoffnung** is our Newsletter Editor and we continue to publish two newsletters per year.

Dr. Laura Boxley continues to manage our social media presence, which involves engaging professional posts on Facebook, Twitter, and LinkedIn.

SCN continues to be the largest neuropsychological group on Facebook, with over 8,400 followers. If you are on Facebook, be sure to "like" the SCN and you will receive SCN updates in your feed. If you are on Twitter, please follow our Twitter feed, *SCN NeuroTweets* (@APADivision40), and you will be among our 2,750-plus followers. Doing so will also spread the word about clinical neuropsychology to your acquaintances.

Over the coming year, we will be continuing to update the website with new content in order to make this resource more useful to SCN members. If you have any information you would like to share with the broader SCN membership, please send an email to societyclinicalneuropsychology@gmail.com and the message will go to all members of the Publications & Communications committee. We will then distribute the information to the appropriate outlets.

David Kaufman, PhD, ABPP
Associate Professor of Psychology
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MEMBERSHIP COMMITTEE

*Eric R. Larson, PhD
Chair*

Good stewardship and financial stability are vital to the future of SCN. Since 2014, SCN has needed to rely on investment savings to help cover Division expenses. The SCN executive committee is exploring several strategies to reduce expenses and grow income to ensure our financial health for the future.

As one strategy, the SCN executive committee voted in February 2019 to raise annual dues, with the new rates taking effect in 2020. This will represent the first increase in SCN dues in over a decade. As part of this rate change, we will offer an incentive with reduced rates to join SCN if you are also an APA member.

Under the new dues schedule, membership renewal for SCN will cost \$55 for non-members of APA and \$45 (previously \$34) for members, associates, and fellows of APA. For new members in their first two years after completing postdoctoral training, membership will be \$35 per year for non-members of APA and \$25 for members of APA (previously \$20). International affiliate and student affiliate memberships will cost \$10 per year (previously \$5).

We anticipate these changes will help to protect the resources of the Division and better capture the ongoing costs needed to ensure a solid future for the Division.

In other news, social media involvement by SCN members continues to increase. Please check out new content at Twitter: <http://twitter.com/apaDivision40> and Facebook: <http://www.facebook.com/division40>

FELLOWS COMMITTEE

*Dawn Bowers, PhD ABPP
Chair*

Seeking Nominations for Division 40 Fellows

December 1 is the deadline for completion of APA Fellow applications. We welcome applications from outstanding division members who have made contributions to our field at the national or international level. This can be achieved in various ways – ranging from research, teaching, professional, mentorship, development of innovative therapies, etc. Not one shoe fits all as there are many paths. Some examples include: a) record of scientific and/or clinical accomplishments published in peer reviewed journals, grant funding etc.; b) elected and volunteer positions in professional and academic organizations; c) development of innovative interventions; d) evidence of outstanding teaching; e) history of mentorship of students and early career colleagues; f) journal editorial or reviewer responsibilities; g) specialty recognition through board certification (i.e., ABPP/CN; APCN)

The required application materials are a self-statement, a CV, and a minimum of 3 letters of endorsement from other Fellows.

Applications are submitted via an online APA portal which opens at the end of APA 2019. User friendly instructions are located at this site: <http://www.apa.org/membership/fellows/help-applicants.pdf>.

More generally, information about Fellow criteria and the Fellowship application process is located at the APA website: <http://www.apa.org/membership/fellows/apply.aspx>.

Division 40 strongly encourages applications from women and minority applicants. Those individuals considering applying are welcome to contact the Chair of the Division 40 Fellows committee, Dawn Bowers, to discuss further dawnbowers@php.ufl.edu.

PUBLIC INTEREST ADVISORY COMMITTEE (PIAC)

*Rebecca Ready, PhD, ABPP
Chair*

Public Interest Advisory Committee (PIAC) Chair, Becky Ready, would like to welcome three student representatives to PIAC subcommittees. **Sarah Lillian Aghjayan**, a doctoral student at the University of Pittsburgh, will serve on the Ethics Committee. **Khushnoo Indorewalla**, who is an intern at Samaritan Health Services (Neuropsychology track) in Albany, Oregon, will serve on the Ethnic Minority Affairs Committee (EMA). **Kayla Steward**, who is an intern in the neuropsychology track at the James A. Haley Veteran's Hospital in Tampa, FL, will serve on the Women in Neuropsychology (WIN) Committee. A warm thank you to the members - some of whom are no longer students! - rotating off these committees, including **Michael Williams** and **Sunny Suslow** (from EMA) and **Genna Santorelli** (from WIN). We appreciate your time and dedication.

ETHICS SUBCOMMITTEE

*Lynn A. Schaefer, PhD, ABPP
Ethics subcommittee chair*

Committee members consist of **Drs. Thomas Farrer, Nicolette Gabel, Lynn Schaefer (Chair), Max Shmidheiser, Dede Ukueberuwa**, and **Brian Yochim**. **Lindsay Niccolai** has been our Student Representative. The various roles of the PIAC Ethics Subcommittee include developing and presenting workshops or continuing education courses on ethical issues in neuropsychology at APA and INS, creating and maintaining a database of ethics references available on the SCN website, and offering ad hoc consultation for ethics-related inquiries to SCN members.

Updates:

Based on the results of last year's online survey, the Subcommittee will be presenting a symposium at APA entitled, "**An integrative approach to capacity: philosophical, ethical, forensic, and diversity issues**" as well as a CE course, "**The ethics and assessment of medical and financial decision-making capacity**." The Subcommittee is also contributing to a CE on telehealth at INS 2020, which will be co-sponsored by SCN. We will soon begin preparations on a symposium proposal for APA 2020.

In April, the Subcommittee helped to formulate the formal divisional response from SCN to APA's Ethics Code Task Force (ECTF) regarding the core principles in the current "Ethics Code."

Sarah Aghjayan will serve as our new second Student Member. The website will be updated to reflect these changes.

If anyone has any questions on ethical issues or ethics-related inquiries for the Subcommittee, please contact Dr. Lynn Schaefer at lschae@numc.edu.

ETHNIC & MINORITY AFFAIRS SUBCOMMITTEE

*Michelle Madore, PhD
Ethnic & Minority Affairs subcommittee chair*

The Ethnic Minority Affairs subcommittee (EMA) would like to congratulate **Jasmine Dixon** and **Janet Yanez**, recipients of the annual *Ethnic Minority Affairs Subcommittee Trainee Travel Award*. The application cycle for this award opens each year in early spring and provides graduate students, interns, and/or postdoctoral fellows with \$500 to help offset the costs of attending the annual APA Convention.

The 2020 award deadline and a link to the application will appear in a spring SCN Neuroblast and in the next Winter/Spring SCN Newsletter.

WOMEN IN NEUROPSYCHOLOGY (WIN) SUBCOMMITTEE

Krista Lisdahl, PhD

WIN subcommittee chair

Women in Neuropsychology (WIN)-Sponsored APA Symposium:

**“Balancing Your Life-Perspectives on Navigating
Professional and Personal Challenges”**

Friday, August 9 12-12:50pm

**McCormick Place/Room W178b Level 1 – West
Building**

The Women in Neuropsychology (WIN) Subcommittee is excited to sponsor a symposium at the upcoming **2019 APA conference** entitled "***Balancing Your Life - Perspectives on Navigating Professional and Personal Challenges.***"

Distinguished Panelists include: **Krista Lisdahl PhD**: *Striving for Balance and Sanity When You Are in the “Sandwich” Generation*; **Michelle Madore, PhD**: *Can the Perfect Balance Be Achieved?*; and **Dawn Ehde, PhD**: *Fostering Individual Wellness: Evidence and Advice*. Chaired by **Abbey Hughes, PhD**.

EDUCATION ADVISORY COMMITTEE

Scott A. Sperling, PsyD
Chair

Dear Neuropsychology Students and Trainees,

The Society for Clinical Neuropsychology's (APA Div. 40) Education Advisory Committee (EAC) is offering a new consultation program to neuropsychology students and trainees (including all those interested in pursuing specialization in neuropsychology). The EAC understands that navigating training in neuropsychology can be a complicated and sometimes confusing endeavor, particularly if you are not housed within a neuropsychology training program or connected with a mentor who is knowledgeable about the specialty education and training requirements. We also understand that along the path toward becoming a clinical neuropsychologist, one must make many decisions about the education, clinical training, and research experiences pursued.

The EAC is therefore offering focused, one-time, 30-minute consultations in an effort to provide support and guidance to students and trainees, and assist them in making well-informed decisions to best position themselves for success at each stage of training and in their early careers.

Potential consultation topics include, but are certainly not limited to: 1) How to balance clinical versus research activities, 2) analysis of gaps and strengths in one's training and education portfolio, 3) research and grants, 4) leadership and governance opportunities, 5) diversity in training and neuropsychology, 6) wellness as a neuropsychology student/trainee, and 7) securing a mentor or sponsor.

We encourage those interested in participating in a consultation to send a short email to scneac@gmail.com, 1)

expressing your interest, 2) briefly describing the topic you would like to discuss, and 3) your best contact information. The EAC will review all requests once a month on a rolling basis, after which time a committee member will reach out to you to schedule a consultation.

Please feel free to share information about this program with interested peers and colleagues.

Best,
Scott Sperling, PsyD
EAC Chair

THE ASSOCIATION OF NEUROPSYCHOLOGY STUDENTS & TRAINEES (ANST) SUBCOMMITTEE UPDATE

Lucas Driskell, PsyD
ANST subcommittee chair

The Association of Neuropsychology Students and Trainees' (ANST) current Chair, Lucas Driskell, is excited to introduce the incoming national ANST Committee who will start their positions at the conclusion of this year's APA Convention. Please find the new officers listed below!

Chair

Emily Duggan, PhD
1st year Neuropsychology Postdoctoral Fellow
Johns Hopkins School of Medicine

Networking Officer

Erika Pugh, M.A.
2nd Year Clinical Psychology Doctoral Student
Louisiana State University

Professional Development Officer

Moshe Maiman, M.S.
5th Year Clinical Psychology Doctoral Student
Drexel University

Membership Officer

Jasmine Dixon, B.S.
3rd Year Clinical Psychology Doctoral Student
University of Massachusetts Amherst

Past-Chair

Lucas Driskell, PsyD
2nd year Neuropsychology Postdoctoral Fellow
University of Virginia School of Medicine

Programming Officer

Zachary Resch, M.S.
6th year Clinical Psychology Doctoral Student
Rosalind Franklin University of Medicine and Science

Liaison Officer

Victoria Kordovski, M.A.
Predoctoral Intern
VA Ann Arbor Healthcare System

Communications Officer

Mariam Hussain, M.S.
4th year Clinical Psychology Doctoral Student
SDSU/UCSD Joint Doctoral Program

SCIENTIFIC ADVISORY COMMITTEE

*Tricia Zawacki King, PhD
Chair*

2019 APA Convention: Early Career Mentoring Workshop, co-sponsored by Divisions 20 & 40:

Modern-day Strategies to Support and Market your Research Program: An Interactive Mentoring Workshop

Saturday, August 10th 8-9:50 AM

Room W196bc

Congratulations to the APA Society for Clinical Neuropsychology Early Career Pilot Study Awardees!

Primary Investigator: **Christopher Nguyen, PhD**, The Ohio State University
Mentor: Natalie Denburg, PhD
Grant Title: Decision-making abilities and testamentary capacity among older adults

Primary Investigator: **Alyssa Weakley, PhD**, University of California Davis
Mentor: Sarah Farias, PhD
Grant title: Compensation training to improve everyday functioning of older adults with mild cognitive impairment and subjective cognitive complaints: The Digital Memory Notebook

Applications for 2020 Early Career Pilot Study Awards are due 11:59 PM (Eastern Time), February 24, 2020. See <https://www.scn40.org/sac.html> for more information.

EARLY CAREER NEUROPSYCHOLOGIST COMMITTEE (ECNPC)

*Cady Block, PhD, Outgoing Chair
Amanda Gooding, PhD Incoming Chair*

Hello, fellow early career neuropsychologists! Can you believe we're already halfway through the year? Time definitely flies quickly, especially for my term as Chair of the Early Career Neuropsychologist Committee (ECNPC). Over the past five years, our group has grown to have a webpage, listerv, and social media presence. We regularly hold relevant symposia at conferences, and virtual happy hours online. We published a comprehensive review of work-life integration in neuropsychology. We established a nationwide, state-based early career neuropsychologist representative program. I am proud of all the hard work the ECNPC team has accomplished, and also proud to have served you our members. I am thrilled to announce your incoming ECNPC Chair, **Amanda Gooding!** I know that she will take our group in new and exciting directions.

And now, some Q&A with Amanda...

Tell us a little about your education, training background, and leadership experience.

I earned my bachelor's degree at UCLA and PhD in Clinical Psychology at Fordham University. I then completed my doctoral internship at the UC San Diego Medical Center and my postdoctoral fellowship at the Comprehensive Epilepsy Center at Columbia University. I'm now working as an Assistant Professor in the Department of Psychiatry at UC San Diego, where I serve a diverse clinical population. I am also the Training Director for the Cognitive Medicine Group, where I train and supervise practicum students, interns, and postdoctoral fellows.

I am passionate about leadership, advocacy, professional development, and education-related issues, and I receive enormous personal and professional benefit from service-related activities. I have experience with various governance committees and board of director's positions within SCN, AACN, INS, NAN, and HNS, and I just completed a 3-year term as the Programming Officer for the ECNPC. I am particularly excited to continuing to serve the ECNPC membership, because we are the first formal committee designed to represent YOUR voice and YOUR professional development needs within the first 10 years after graduation.

In your opinion, what are some of the biggest challenges that early career neuropsychologists face?

There are so many! The period immediately following graduation can be confusing and at times overwhelming. Finding a job is an obvious hurdle that is on the forefront of every new graduate's mind, but as we delve into the next stage of our professional identity new challenges emerge. Many of us receive little (or no) training in the business side of neuropsychology, and it can be tricky to navigate billing, insurance, and other practice-related issues within varying institutional climates. Similarly, carving out a clinical niche or building an independent line of research within the scientific and academic community can be a challenge. Whether promotion is on the horizon or a few years down the road, it is imperative for early career folks to look ahead and be strategic in how they spend their time. While navigating these obstacles, many early career folks also happen to be experiencing many (exciting!) personal milestones (e.g., moving across the country, buying a first home, starting a family), and finding the balance between ones' professional and personal identities can be a challenge to say the least. In my opinion, finding mentorship in this next phase of your professional journey is absolutely critical – and something many early career folks struggle with as we teeter in our newfound independence.

What are some of your goals for the ECNPC?

Well, first I want to acknowledge that the early career stage is not homogenous, and I recognize that the needs of our members will vary depending on whether they are completing fellowship, working in their first professional role, or preparing to transition from early to mid-career. Historically, a large focus of our programming has centered on the first two stages, and I hope to expand our offering so that we can stay relevant for our members who are 5-10 years post-graduation. I hope to expand our State Representative Network to include representation from all US states and territories, enhance our online resources (and perhaps tailor them to different early career stages), and offer more interactive programming and networking opportunities throughout the year (e.g., virtual happy hours, webinars, etc.). Most importantly, I want to give the membership what they want and need, and I welcome suggestions!

Where can I learn more about the ECNPC and get connected?

You can visit our webpage at <https://www.scn40.org/early-career.html>, or you can look for us on Facebook, Twitter, and LinkedIn. We also host an active listserv – simply send an initial email to listserv@lists.apa.org and in the body of your message type: SUBSCRIBE DIV40ECNPC (your name). You can also send us any and all questions to our email: ecnpc.scn@gmail.com.

AWARDS COMMITTEE

Doug Whiteside, PhD, ABPP
Chair

Blue Ribbon and Levitt Early Career Awards



The SCN Awards Committee is very pleased to announce the following student and faculty winners Blue Ribbon Awards for best research submissions:



Kharine Jean-Blue Ribbon for **Best Student Submission**: [The Differential Effects of Education on Functional Status Based on Genetic Risk](#).

Amie Kim-Blue Ribbon for **Best Student Translational Neuropsychology Submission**: [The Clinical Utility of Functional Near Infrared Spectroscopy in Children with ADHD](#)

Yingjing Xia-Blue Ribbon for **Best Student Minority Submission**: [Distinguishing Amnestic MCI Subtypes in Older Adults via Screening versus Expanded Memory Tests](#).

Brianna Hardt-Blue Ribbon for **Best Student Evidence Based Practice Submission**: [Working Memory as a Mediator of the Relationship Between Education and Phonemic Fluency](#).

Angely Piazza-Rodriguez-Blue Ribbon for **Best Student Cross-Cultural Neuropsychology Submission**: [Exercise predicts memory performance over time among older Latinx adults](#).

Duke Han, PhD-Blue Ribbon for **Best Established Professional Submission**: [Perceived Discrimination in Older Black Adults is Associated with Insula Functional Connectivity](#).

Kelsey Thomas, PhD-Blue Ribbon for **Best Early Career Submission**: [Cognitive Training Increases MCI-to-Normal Reversion Rate in the ACTIVE Study](#).

The SCN Awards committee would also like to congratulate **Scott Sperling, PsyD**, of the University of Virginia as the **2019 Levitt Early Career Award winner**.

The **SCN Education Advisory Committee (EAC) Dissertation Award** presentation will be from **Madeleine Werhane**.

The Awards ceremony is 2 hours, and Dr. Sperling and the Blue Ribbon winners will be presenting during the ceremony.

**The Awards Ceremony will be on Friday, August 9
from 10-12:00.**

Room W470b McCormick Place

Please come join us at APA!

PROGRAM COMMITTEE

Ozioma Okonkwo, PhD, Chair
Vonetta Dotson, PhD (Co-Chair)

APA PROGRAM HIGHLIGHTS

The 127th APA Annual Convention is only a few weeks away! The meeting will take place August 8-11 in Chicago, IL.

2019 APA SCN/Division 40 Program Highlights include:

- * Functional neuroanatomy primer workshop
- * Clinical case presentations
- * Eight invited speakers, including: **Drs. Patrick Bellgowan, Robert Bilder, Sakshi Chopra, Vonetta Dotson, Karen Postal, Antonio Puente, David Sabsevitz, and Rodney Vanderploeg**
- * Thirteen hours of programming geared toward students and early career psychologists, including a skill-building workshop to prepare for specialty track internships and a professional development workshop for early career psychologists
- * 19 CE Course Credit Offerings (all FREE!)
- * Six symposia
- * Three poster sessions
- * Two paper sessions
- * A fun-filled Social Hour

And Much More!

For detailed information about the SCN/Division 40 conference agenda including collaborative proposals and CE courses, please visit <https://www.scn40.org/>

A 3-page SCN/Division 40 “Program at A Glance” is also available at https://www.scn40.org/uploads/4/7/2/2/47220679/scn_program_at_a_glance_apa2019.pdf

A list of all APA Convention sessions on which SCN is co-listed can be found at https://www.scn40.org/uploads/4/7/2/2/47220679/scn_colisted_sessions_2019_final.pdf

For more on the Convention, please visit the APA website <https://convention.apa.org/>

For questions specific to SCN/Division 40 programming, please contact the Program Chair, Dr. Ozioma Okonkwo (ozoma@medicine.wisc.edu), or the Program Co-Chair, Dr. Vonetta Dotson (vdotson1@gsu.edu).

The entire SCN/Division 40 conference program will also be published in *The Clinical Neuropsychologist*, Volume 33, Issue 6.

We thank Pearson, PAR, WPS, Oxford University Press, and Wiley for their generous support of our Social Hour!

Looking forward to seeing you in Chicago!